



# 2023 SCHEDULE



## Friday, March 3<sup>rd</sup>

### **Session 1: Men's Level 6, 8, Tech Seq**

8:30am Stretch  
11:15am Awards

### **Session 2: Men's Level 7, 9, 10**

11:30am Stretch  
3:15pm Awards

### **Session 3: Men's Level 4 D1**

3:45pm Stretch  
6:30pm Awards

### **Session 4: Men's Level 3 & Level 4 D2**

6:45pm Stretch  
9:00pm Awards

## Saturday, March 4<sup>th</sup>

### **Session 5: Men's Level 5**

8:00am Stretch  
11:30am Awards

The gym will be closed at the conclusion of the last men's session to transition equipment for the women's competition.

The gym will re-open at 1:00pm.

### **Session 6: Xcel Gold & Women's Level 5**

1:30pm Stretch  
5:15pm Awards

### **Session 7: Xcel Platinum & Diamond**

6:00pm Stretch  
9:00pm Awards

## Sunday, March 5<sup>th</sup>

### **Session 8: Women's Level 6-9**

8:00am Stretch  
11:20am Awards

### **Session 9: Xcel Bronze & Silver Jr A & B, Level 2**

12:05pm Stretch  
2:50pm Awards

### **Session 10: Xcel Bronze & Silver Jr C & Sr A**

3:25pm Stretch  
6:10pm Awards

### **Session 11: Xcel Bronze & Silver Sr B & C**

6:45pm Stretch  
9:30pm Awards

## **MEET LOCATION**

Hometown Heroes Park  
1001 E League City Pkwy  
League City, TX 77573

Please do not arrive more than 20 minutes  
before your session stretch time.

## **ADMISSIONS & CONCESSIONS: CASH ONLY**

### **Single Session Pass**

\$25 Adult (Age 13+), \$15 Child (4-12 yrs)

### **Weekend Pass**

\$40 Adult (Age 13+), \$25 Child (5-12 yrs)